

# Memory Guard<sup>®</sup>

## Nutritional Support for Memory and Focus\*

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Memory Guard<sup>®</sup> provides “First-Class”  
Nutritional Support For:

- Quicker Thinking
- Better Concentration
- Sharper Memory
- Improved Focus



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**Memory Guard** combines 12 natural ingredients designed to provide broad-based nutritional support for multiple factors that underlie **age-related memory loss**. These ingredients were chosen based on the latest evidence and research in nutritional science and brain health.

Age-related memory decline usually begins around age 50, although it can begin at an earlier age. It is part of the aging process, but unlike signs of aging that you can see such as gray hair or wrinkles, memory decline is very subtle and often creeps up without notice. Emerging research suggests that **Diabetes is an important factor** in the progression of neurodegenerative diseases, including Alzheimer's.<sup>1</sup> Such concerns of aging are legitimate. But new research suggests that natural agents have the potential to support normal mental functioning.

**You don't have to lose your mental edge as time goes by.** The specially selected nutrients in Memory Guard can maintain your brain power and support healthy mental function. **Age-related memory loss is not inevitable.**

Nourish your brain with Memory Guard — Superior nutritional support for a sharp, clear memory.

1. American Journal of Pathology. 1998;153:1149-1155.

**Comprehensive Formula – Value Priced at \$29.95**

\*Information and statements regarding dietary supplements have not been evaluated by the Food and Drug Administration and are not intended to diagnose, treat, cure, or prevent any disease. You should read carefully all product packaging. You should consult with a healthcare professional before starting any diet, exercise or supplementation program. Do not discontinue the use of prescription medication without the approval of your physician.

**Order Memory Guard<sup>®</sup> Online At:  
[www.FlourishWellness.com](http://www.FlourishWellness.com)**

# Memory Guard® - 90 Capsules

## Ingredient Listing

Each serving of Memory Guard contains:

- 1. Phosphatidylserine** is one of the most scientifically promising memory enhancers that may support reduced risk of dementia and cognitive dysfunction in the elderly. It keeps cell membranes flexible for nutrient absorption and maintains proper nerve impulse transmission in the brain to help your memory pathways stay healthy and functioning normally.  
**200 mg Phosphatidylserine.**
- 2. Alpha-GPC** is a form of choline that your body produces naturally, so it is able to cross the blood-brain barrier elevating your brain's supply of choline and acetylcholine and helping your brain maintain optimal performance. **15 mg Alpha-GPC.**
- 3. Phosphatidylcholine** is a valuable nutrient that is a major factor in building and repairing the structure of brain cells and cell membranes. It also assists in the transfer of information in the brain. **75 mg Phosphatidylcholine.**
- 4. DMAE** converts into acetylcholine, a neuro-transmitter that is vital for short-term memory and learning capacity. **60 mg DMAE.**
- 5. DHA** is the king of brain fats that is a type of omega-3 from fish oil and is the most powerful player in brain chemistry. That is why fish is frequently called "brain food". **60 mg DHA.**
- 6. Blueberry Powder** is an antioxidant superpower that is loaded with highly effective anthocyanidins to guard against free radical damage. **60 mg Blueberry Powder.**
- 7. Bacopa Extract** provides nutritional support to learn and retain new information and to increase the body's resistance to stress. **60 mg Bacopa Extract.**
- 8. Inositol** is important to brain power by supporting the health of cell membranes and for proper nerve transmission. The body's highest levels of Inositol are present in the heart and brain.  
**30 mg of Inositol.**
- 9. Ashwagandha Extract** is an herb that assists the body's response to stress. This is important in today's world, since it is believed that a high level of stress hormones can impede memory.  
**30 mg of Ashwagandha Extract.**
- 10. Vinpocetine** is a specialized extract of the periwinkle plant that is used to maintain normal blood flow through the vessels supporting oxygen uptake to the brain. **20 mg of Vinpocetine.**
- 11. Green Tea Extract** is a potent source of antioxidants and has the ability to relax blood vessel walls supporting circulation in the brain and throughout the body. **60 mg of Green Tea Extract.**
- 12. Vitamin B12** has been called the anti-senility vitamin. As you get older, you can lose the ability to absorb this vital nutrient from your food, especially for those over the age of 50.  
**25 mcg of Vitamin B12.**

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